

Supermarket Scavenger Hunt

Instructions

1. **Print out each Scavenger Hunt page.** (Suggestion: Purchase a slightly thicker paper from an office/stationery supply store to give the cards a bit more strength. Make sure the paper works with your printer.)
2. **Cut out the Scavenger Hunt cards along the guides indicated.**
3. **Scavenger Hunt Play:** Each card has five items pictured on it. The items pictured include fruits and veggies in different forms: fresh, frozen, canned, dried and 100% juice. Have each child pick a card when you go shopping. Tell them their Fruit & Veggie Color Champions™ Scavenger Hunt challenge is to "spy" each of the items on their card as you make your way through the store (up and down the aisles). Your child "wins" the Scavenger Hunt by spying all five items, in the right form (fresh, frozen, canned, dried and 100% juice), on their card.



4. **Make your own Scavenger Hunt cards:** One of the sheets has blank spaces on the cards. Print out this sheet and either draw or print in five items you will be shopping for that day. Perhaps these could be items from the challenge that your child has indicated they want to eat that week. Give the card to your child and they will help you shop by "spying" all the items on the card as you make your way through the store.

NOTE:

The first time that your children use these cards they may need a little help "spying" the different products. As they get used to where these items are commonly located, however, they will soon be leading you around the store to find them! The Scavenger Hunt is a simple way of making the trip to the supermarket a little more exciting, but it is also an opportunity to have your children observe and learn about fruits and veggies and how to shop for them. Use the Scavenger Hunt Questions page to further engage your children in learning about shopping for fruits and veggies.

